

## Bio

Yvonne C. Acquafredda, MBA, PCC



### Career Background:

**Yvonne Acquafredda** is a trusted and skilled professional, with specialized expertise in personal and professional transformation, leadership development, and professional coaching. She has worked within several prestigious organizations and coached many individuals to successfully attain goals.

**Specialties:** Professional Coaching, Personal Development, Communication, Conversational Intelligence, Mindfulness, Stress Management, Emotional Intelligence.

**Business Experience:** Yvonne has 20 years of varied business experience, working within healthcare provider organizations, insurers and suppliers as well as national retail chains. She has also worked with an executive search firm focusing in the healthcare and nonprofit sectors. She established and leads Ibis Coaching, LLC, a Florida-based alliance of coaches who are credentialed by the International Coaching Federation (ICF).

### Noted Accomplishments:

- Yvonne presently leads a business development mastermind group for the International Coaching Federation's Central Florida Chapter.
- She has developed and presented workshops on a variety of topics, including communications, Conversational Intelligence, visioning/goal setting, stress management and basic neuroscience.
- She has served as a teaching assistant in the Erickson Coaching International coach training program.
- Yvonne's client list includes: business owners, leaders of all levels, high-potential talent, leadership development professionals, and independent professionals.

**Education:** Yvonne holds a Master of Business Administration from Northeastern University, a Bachelor of Science in Psychology and Public Relations from the University of Miami, a Certificate in Professional Coaching from Vancouver-based Erickson Coaching International and a Certificate in Brain Health from Pasco-Hernando (FL) State College. She also holds a Certificate in Digital Marketing from Rutgers University.

**Certifications and Affiliations:** Yvonne is credentialed as a Professional Certified Coach (PCC) by the International Coaching Federation (ICF). She is certified in Team Coaching through the Global Team Coaching Institute, is a certified Conversational Intelligence Coach, holds a certificate in Group Coaching and is also certified in several assessment tools, including MBTI, EQ-I 2.0, Hogan assessments, and the full suite of Conversational Intelligence assessments. Yvonne is a member of the International Coaching Federation and actively participates in its Central Florida chapter. She is an Affiliate Member of the Institute of Coaching, a McLean Hospital/Harvard Medical School affiliate organization.