

OUTCOMES

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- 6. Questioning "And if you did all of that, what would that look like? What would that meeting look like" 30:28
Stack; yet a good forward-looking question (by Lillian LeBlanc)
- 4. Presence "I'm watching you basically go from just looking constrained to looking liberated even as I asked that last question. And so you close your eyes and really envision what that would look like and your whole being" (by Lillian LeBlanc)
- 5. Listening "I'm watching you basically go from just looking constrained to looking liberated even as I asked that last question. And so you close your eyes and really envision what that would look like and your whole being" (by Lillian LeBlanc) 31:41
- 8. Awareness "I'm watching you basically go from just looking constrained to looking liberated even as I asked that last question. And so you close your eyes and really envision what that would look like and your whole being" (by Lillian LeBlanc) 31:41
- 6. Questioning "shifted, By the way, did you experience that" (by Lillian LeBlanc) 32:02
- 8. Awareness "because it's just me and a whole room full of people having a conversation about life and learning and service. And that's important to me" (by Lillian LeBlanc) 32:25
- 9,10,11. Goal Setting "So so what are some specific actions that you can between take now and this meeting to prepare so that you can again fulfill on all of those specific outcomes you're committing to" (by Lillian LeBlanc) 32:54
- 5. Listening "Can I make another observation" Again, excellent pause (12 seconds) (by Lillian LeBlanc)

TRANSCRIPT

TAGS & SPEAKERS

Speaker 1 80 Speaker 2 147

- S1 31:38 Can I make an observation,
- S2 31:39 please?
- S1 31:41 I'm watching you basically go from just looking constrained to looking liberated even as I asked that last question. And so you close your eyes and really envision what that would look like and your whole being (4. Presence 5. Listening 8. Awareness)
- S1 32:01 shifted, By the way, did you experience that? (6. Questioning)
- S2 32:04 I did. I very much did. And I also felt that that nervousness or trepidation feeling the I I guess I wasn't totally in tune with how nervous I actually what's for this call tomorrow? But I don't have to be
- S2 32:25 because it's just me and a whole room full of people having a conversation about life and learning and service. And that's important to me. (8. Awareness)
- S1 32:46 Sounds fabulous to me
- S2 32:48 Yeah, it does, I'm going to have to let you know how this went.
- S1 32:54 So so what are some specific actions that you can between take now and this meeting to prepare so that you can again fulfill on all of those specific outcomes you're committing to? (9,10,11. Goal Setting)

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